**Project Title: AI Powered Nutrition Analyze**

Information available on internet or web

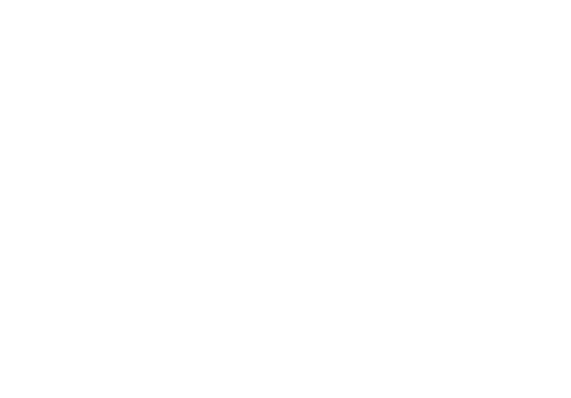
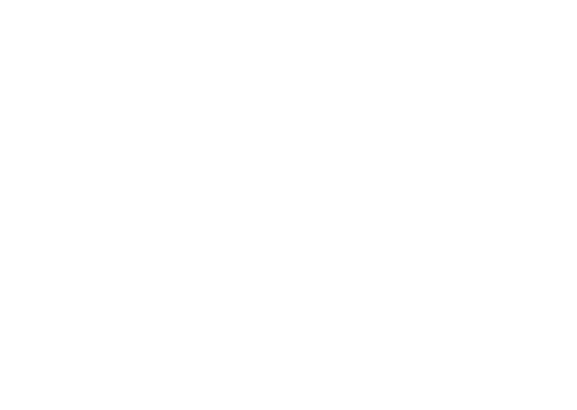
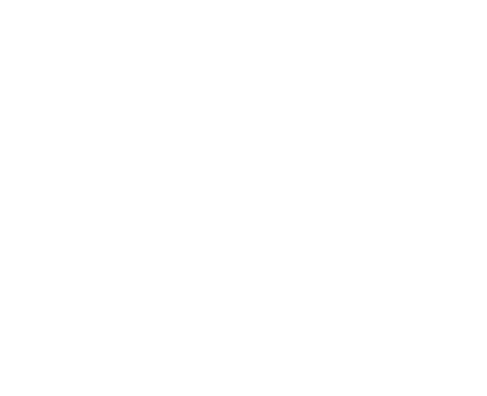
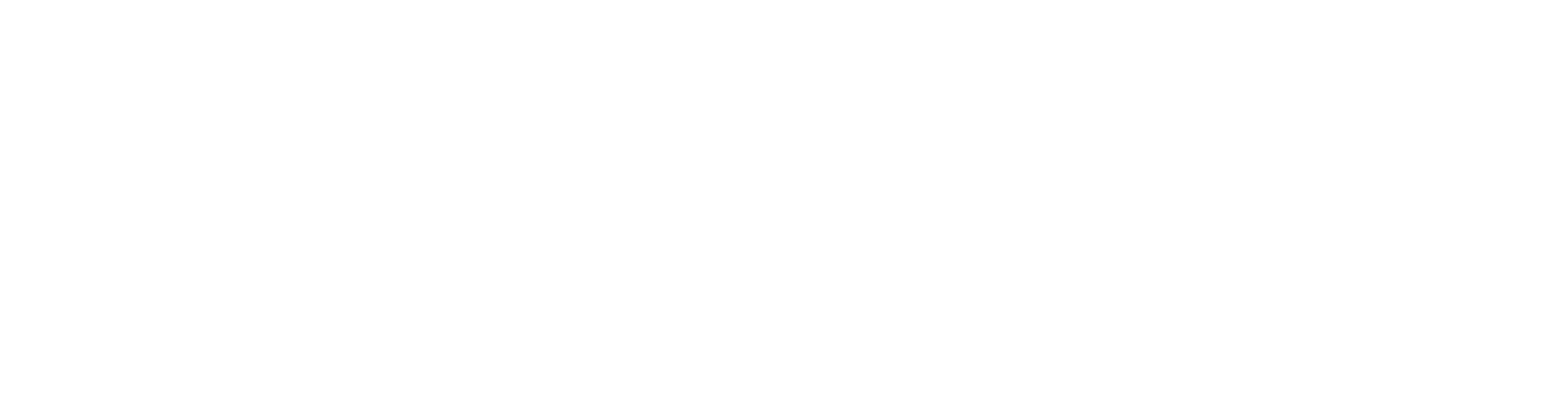
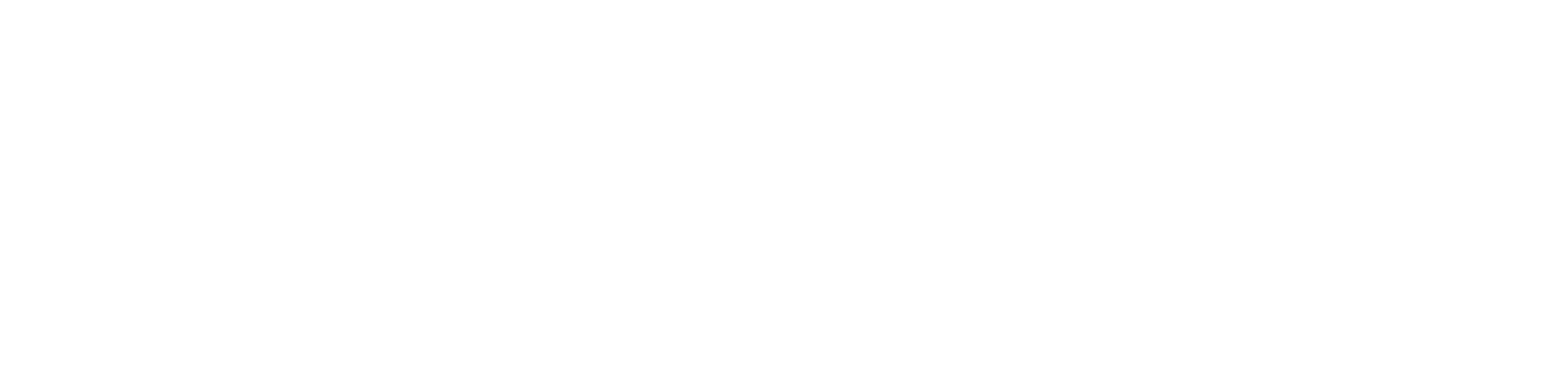
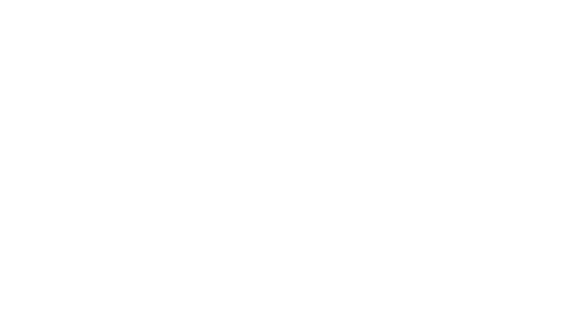
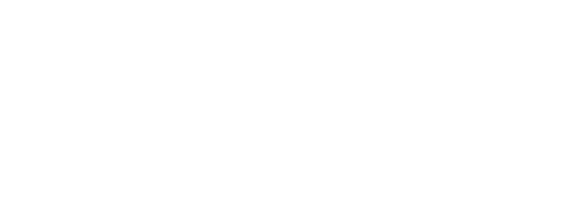
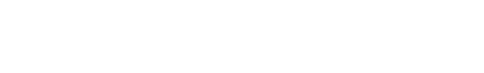
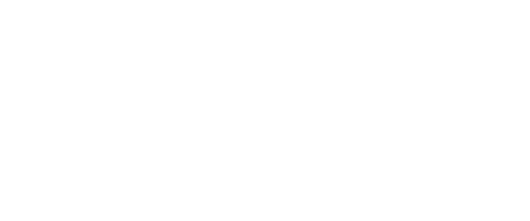
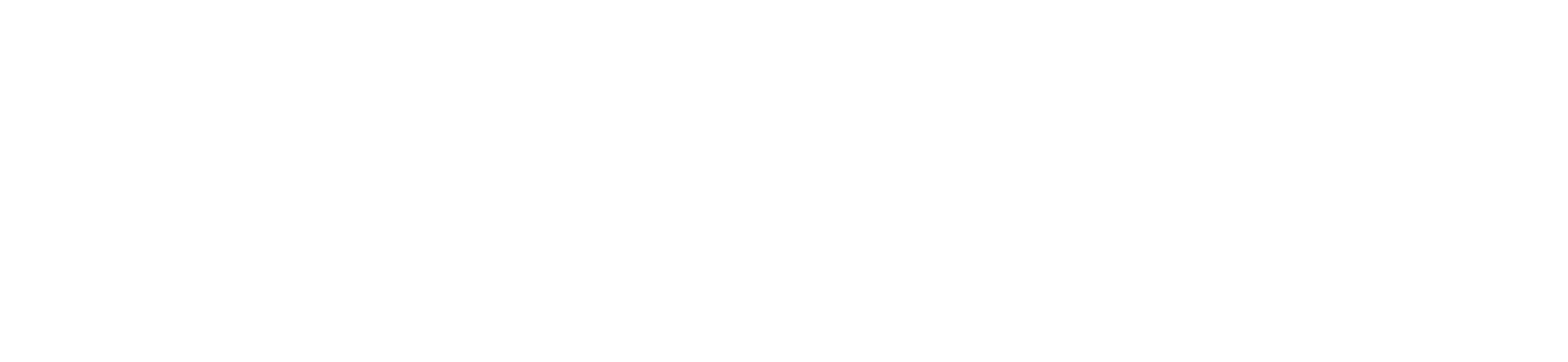
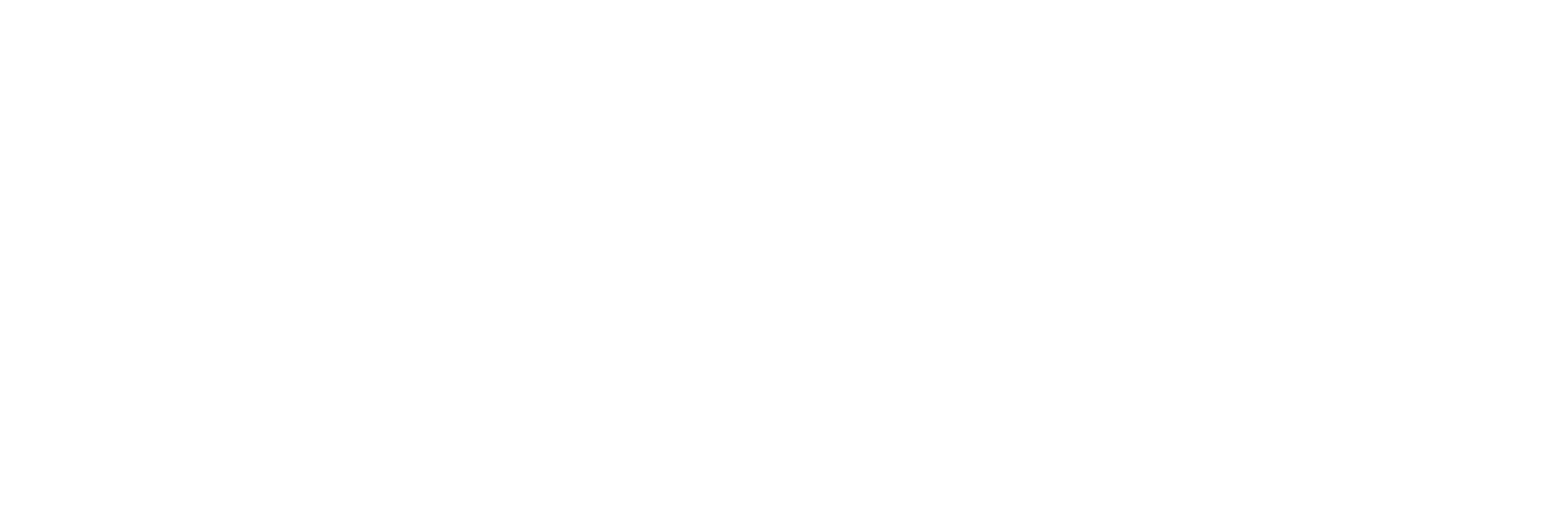
To prevent malnutrition is to

eat a healthy, balanced diet.

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**For Fitness Enthusiasts Project Design Phase-I** - **Solution Fit Template Team ID: PNT2022TMID07108**



Food allergies or sensitivities, religious, practices, and ideologies beliefs are some of the main reasons people rely on specific diets or follow

dietary restrictions.

**AS**

**CS**

Nutrition analyzes designed to help health professionals, dietitians, coaches, trainers and gymnasiums manage client, create personalized meal plans.

**7. AVAILABLE SOLUTIONS**

**4. CUSTOMER CONSTRAINTS**

**1. CUSTOMER SEGMENT(S)**

**2. JOBS-TO-BE-DONE / PROBLEMJ&SP**

**5. PROBLEM ROOT CAUSE**

**RC**

**8. BEHAVIOUR**

**BE**

people are eating far more food

than is necessary for their health.

People are not eating sufficient amount of food to provide the calories, vitamins and minerals they need optimal health. While in others, people are eating far more food than is

necessary for their health.

* To give the regular notification
* To give proper diet
* Don’t beat yourself up if

you miss a day

* Add to your existing habits

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **3. TRIGGERS**  Nutritional Analysis **detects the exact nutritional value of any given food item**. It determines the percentage of macro and micronutrients present in that food item as well as the presence of inhibitors, toxic chemicals, or any other new component. | **6. EMOTIONS: BEFORE / AFTER BEFORE:** Improper health maintenance. **AFTER:** proper health maintenance | **9. YOUR SOLUTION**  Wellness and Mental health for end user who uses our application. |  |
| . |